Soul Mind Body Science System

Grand Unification Theory and Practice for Healing, Rejuvenation, Longevity, and Immortality

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Introduction

SINCE THE BEGINNING of human history, grand unification has been the dream and lifelong desire of many. This stems from our heart’s desire to understand at the deepest level possible what our world is made of and how it came about. Deep within our hearts and souls, we know intuitively that there must be a single truth that is the source of everyone and everything. This most profound truth has also been the greatest mystery. With this truth, we could be liberated from our limitations. We could find the fountain of youth. We could find the highest purpose, wisdom, joy, health, happiness, and beauty of life.

In recent years, Grand Unified Theory (GUT) has been a very active area of research in physics. Physics is a fundamental science that studies the composition and behavior of our universe. Physics has made significant contributions to our daily lives through new technologies that arise from theoretical breakthroughs. For example, advances in thermodynamics led to the Industrial Revolution. Advances in the understanding of electromagnetism led directly to the invention of new products, such as television, computers, and domestic appliances, that have dramatically transformed, and in many ways created, modern society, while advances in nuclear physics led to nuclear power and more.

Scientific development has led to partial unification of Heaven, Mother Earth, and human beings. Isaac Newton (1642–1727), one of the most influential mathematicians and physicists of all time, discovered under an apple tree that Heaven, Mother Earth, and human beings are all subject to the same law and same force: gravity. Newton used gravitational law and calculus, a branch of mathematics he helped to create, to unify Heaven, Mother Earth, and humanity. This unification took humanity to new heights.
More than two hundred years after Newton, Albert Einstein extended Newton’s gravitational unification law. Einstein’s special relativity theory unified space with time. This unification of space and time led to a beautiful conclusion: matter and energy are unified. The unification of matter and energy is explicitly expressed in Einstein’s famous formula: $$E = mc^2$$. Here $E$ is energy, $m$ is the mass of matter, and $c$ is the speed of light.

Einstein further unified matter with space and time in his theory of general relativity. Einstein showed that gravity is induced by matter. Gravity can cause spacetime to curve. The more mass an object possesses, the stronger the force of gravity will be, and the more spacetime will be curved. After accomplishing these elegant unifications, Einstein spent most of his later life trying to unify gravity with the electromagnetic force and other forces. He was able to achieve only very limited success in his search for a Grand Unified Theory.

Einstein is also one of the founders of quantum mechanics because of his great insights on the photoelectric effect. The photoelectric effect is the observation that many metals emit electrons when light shines upon them. Einstein proposed that light behaves like a particle with energy directly proportional to its frequency. For this contribution, Einstein won the Nobel Prize.

Quantum mechanics is a true breakthrough in fundamental physics. However, the foundation of quantum mechanics has been controversial to this day because it denies two of the foundations of classical physics: objectivity and predictability. In quantum phenomena, what we observe depends on what we decide to observe. It seems that quantum reality depends on our minds. It is subjective, not objective. According to quantum mechanics, the exact, deterministic predictions that scientists are supposed to be able to make are not possible. We can only know the likelihood of an event.

Many people have been perplexed by the subjective, non-deterministic, and probabilistic nature of quantum mechanics. Many great scientists, including Einstein, have found it difficult to accept quantum mechanics as a view of reality. In fact, Einstein did not believe in quantum theory. He was reported to remark that he could not believe that God “played dice.”
Nevertheless, as a tool to explore the microscopic world, quantum mechanics has proven to be fruitful. It has led to the discovery of a total of seventeen fundamental particles and two fundamental forces, the weak force and the strong force. Electromagnetic force and gravity are the two other fundamental forces that had been identified by classical physics.

One of the greatest achievements of quantum theory is its ability to unify the electromagnetic force, weak force, and strong force through what is called gauge theory. It is also able to make some of the most accurate predictions in science.

Quantum physicists have also been able to formulate a theory concerning the fundamental forces and elementary particles called the Standard Model. However, the Standard Model is not a “theory of everything,” as it leaves many questions unanswered. First, it cannot describe gravity. Second, it does not tell us the source of these forces and particles.

The dream of a Grand Unified Theory (GUT) was sparked during the 1980s and 1990s when it was found that the coupling constants of electromagnetic force, weak force, and strong force become equal at a very high energy. A coupling constant is a number that determines the strength of a force. It changes with energies. At higher energies, the electromagnetic force gets stronger and the weak and strong forces get weaker. To the delight of quantum physicists, the strengths of these three interactions become equal at the “grand unification energy,” $10^{16}$ GeV. Is this merely a coincidence? If not, this indicates that the electromagnetic, weak, and strong forces may indeed come from the same force at high energies.

Unifying gravity with the other fundamental forces turns out to be more difficult. String theory, the most advanced mathematical theory in physics, provided great hope to unify gravity with the other fundamental forces. String theory also has the potential to explain from where and how particles and their masses originate. However, string theorists have not achieved this yet. They have had difficulty in connecting with

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4 1 GeV denotes one gigaelectronvolt, which is equal to one billion electronvolts.
reality by making useful and testable predictions. Something is still missing.

In recent years, scientists have discovered that everything we have observed accounts for less than five percent of everything that exists. More than ninety-five percent of the universe is composed of so-called dark energy and dark matter. However, we still do not know what these are and where they come from.

As fascinating as the search for a Grand Unified Theory is, all of humanity is facing significantly more challenging issues and events than these intellectual conundrums.

Although Newton’s law is able to show that gravitational force governs Heaven, Mother Earth, and humanity, it has also set physics and other physical sciences in the direction of separating physical existence from spiritual and conscious existence. Because this separation is contrary to our hearts’ and souls’ desire for unification, the direction that physical sciences are following comes with severe consequences for humanity.

Concurrent with the rapid development of physical sciences and technology, humanity has gone through the two most devastating wars in history and now faces the prospect of even more horrific wars. Our natural environment on Mother Earth is being damaged and polluted at an exponentially growing rate.

The separation of soul, heart, mind, and body has also resulted in greater physical, mental, emotional, financial, and relationship challenges for more and more people. For example, the number of people suffering from depression is growing at an alarming rate.

Now more than ever, we need Grand Unification Theory and practice not only to unify all the physical forces, particles, dark matter, and dark energy, but also to unify our own souls, hearts, minds, and bodies, as well as to unify science with spirituality, to unify every aspect of humanity, and to unify humanity with nature, so that we can live harmoniously with and within ourselves, with each other, and with our environment. More important, now is the time to transcend our human limitations. Now is the time to uplift each individual and humanity as a whole to our highest human potential and life purpose with more joy, good health, wisdom, beauty, and abundance in our lives.
Is it possible to have such a grand unification? In this book, we will share our insights. Source Guidance has given us the insight and inspiration to create Grand Unification Theory and practice.

**Three Bodies of a Human Being**

One of the most important ancient wisdoms is that everyone and everything is made of jing, qi, and shen (pronounced jing chee shun). “Jing” means *matter*. “Qi” means *energy*. “Shen” means *soul, heart, and mind*.

Einstein’s law of relativity, \( E = mc^2 \), explains the relationship between energy and matter. Relativity theory has contributed greatly to science and humanity.

In this book, we will explain the soul scientifically. We will show that quantum science studies and explains souls.

Modern allopathic medicine focuses on matter. Matter is inside the cells. A cell includes cell units, DNA, RNA, other molecules, atoms, electrons, quarks, tiny matter, and spaces between the matter. Blood testing is one of the most common diagnostic procedures in modern medicine. The purpose of blood testing is to measure biochemical changes at the level of the matter within the cells.

A medical patient may undergo x-rays, an ultrasound, a CT scan, an MRI, or other tests to detect abnormal structures or growths such as cysts, tumors, and cancers, as well as inflammation and more. A biopsy may be taken to diagnose cancer. All of these procedures—blood tests, ultrasounds, CT scans, MRIs, biopsies—are to find health issues at the level of matter.

A surgeon operates to remove matter. Medication works at the cellular level to adjust the biochemistry of the matter in the cells. In one sentence:

**Modern medicine emphasizes and focuses on matter.**

Everyone and everything is made of jing qi shen. Therefore, we would like to share with you, dear reader, with the scientific community, and with all humanity that a human being consists of three bodies: Jing Body, Qi Body, and Shen Body.

“Jing” means *matter*. Modern medicine focuses on the matter inside the cells. This is the Jing Body.
What is matter? Matter is physical substance that occupies space, as distinct from mind and soul, which do not occupy space. In addition to volume, matter has mass and exists as a solid, liquid, gas, or plasma.

For five thousand years, traditional Chinese medicine (TCM) has emphasized qi. “Qi” is vital energy or life force. The ancient authority book of traditional Chinese medicine, The Yellow Emperor’s Internal Classic, states: If qi flows, one is healthy. If qi is blocked, one is sick. Traditional Chinese medicine focuses on the Qi Body.

Another renowned statement in traditional Chinese medicine is: If qi flows, blood follows. If qi is blocked, blood is stagnant. These statements emphasize that qi is in a leading position. In other words, qi is the boss of blood. Qi leads blood.

Qi is vital energy or life force. In the human body, qi is produced by the functioning of the body’s systems, organs, cells, and tiny matter. Qi flows in the spaces between the systems, organs, cells, and tiny matter.

Traditional Chinese medicine deals with qi and blood. Blood is matter. Therefore, TCM focuses on the Qi Body, but it also connects with the Jing Body. In fact, the Qi Body and the Jing Body are deeply interconnected, because matter and energy are in constant transformation between each other.

Like traditional Chinese medicine and modern allopathic medicine, thousands of healing modalities worldwide focus on the Jing Body and/or the Qi Body. We honor all of these medicines and healing modalities because they have all contributed greatly to humanity’s health, rejuvenation, and longevity. However, there is a third very important body that needs to be included in diagnosis, healing, and rejuvenation: the Shen Body. The Shen Body includes soul, heart, and mind.

Soul is spirit. Soul is information or message. Everyone and everything has a soul. Soul is a light being. Soul is not visible to the physical eye. It is visible to those who open their advanced spiritual eye, which is known as the Third Eye.5

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5 The Third Eye is the spiritual eye. It is located inside the brain. To locate the Third Eye, draw a line from the midpoint between your eyebrows straight up over your forehead and over the top of your head. Draw another line over your head connecting the tops of both ears. At the point where these two perpendicular lines cross (which is the Bai Hui acupuncture point), go down about three inches inside your head. This is the location of your Third Eye, a cherry-sized energy center, which corresponds with the location of the pineal gland.
The heart is the core of the physical body. When one’s heart stops beating, physical life ends. We would now like to share that every system, every organ, every cell, every DNA, every RNA, every matter, and every space inside the body has its own heart. The heart of every part of the body is the core of the physical life of that part of the body. Everyone and everything has a heart.

Mind is consciousness. Consciousness is another light being that is not visible to the physical eye. However, it is visible to a person with high-level soul communication abilities. Everyone and everything has a mind or consciousness.

**Jing Qi Shen Are One**

In this book, *Soul Mind Body Science System: Grand Unification Theory and Practice for Healing, Rejuvenation, Longevity, and Immortality*, we will explain the interrelationships among soul, heart, mind, energy, and matter in a scientific way. We will indicate how this wisdom can be applied to benefit every aspect of life, but focus on healing, rejuvenation, longevity, and immortality.

Jing qi shen are three. The most important wisdom and practice is that jing qi shen are one. In this book, we will explain:

- why a person gets sick in the spiritual, mental, emotional, and physical bodies
- why a person gets old
- how to heal sicknesses in the spiritual, mental, emotional, and physical bodies
- how to rejuvenate soul, heart, mind, and body
- how to live a long, long life
- how to reach immortality

To answer the above whys and hows is to understand the simplest truth. This simplest truth is grand unification. This simplest truth is the highest truth. In one sentence, this simplest and highest truth of grand unification is:

**Shen Qi Jing He Yi**
“Shen” includes soul, heart, and mind. “Qi” means energy. “Jing” means matter. “He” means join as. “Yi” means one. “Shen qi jing he yi” (pronounced shun chee jing huh yee) means:

Soul heart mind energy matter join as one.

The scientific equation is:

\[ S + E + M = 1 \]

“S” denotes shen, including soul, heart, and mind. “E” denotes qi. “M” denotes jing. One denotes The Source Field. The Source is the Creator of Heaven, Mother Earth, human beings, and countless planets, stars, galaxies, and universes. This formula explains why people get sick, why people get old, how to heal, how to rejuvenate, how to live a long, long life, and how to reach immortality. In one sentence:

Shen qi jing he yi (S + E + M = 1) is the Grand Unification Theory and practice for healing, rejuvenation, longevity, and immortality.

We are extremely honored to release this scientific equation to serve science, medicine, and every aspect of the lives of humanity, Mother Earth, Heaven, and countless planets, stars, galaxies, and universes. In chapter two, we will explain how Heaven, Mother Earth, and countless planets, stars, galaxies, and universes are formed, maintained, and disappear. This explanation will give further insight into, and understanding of, the Grand Unification Equation, S + E + M = 1.

This Grand Unification Theory and practice could bring health, happiness, healing, rejuvenation, longevity, and immortality to humanity.

This Grand Unification Theory and practice is a breakthrough development for science. It will benefit scientific development beyond comprehension. It will give us great insights to understand quantum phenomena and quantum mechanics from a higher and all-inclusive point of view. It will provide the direction and the method to unify quantum mechanics with general relativity, so that gravity can be unified with the electromagnetic force, weak force, and strong force. It may
show us the source of all the matter and energy in the universe, including all the fundamental particles, forces, dark matter, and dark energy. It will take physics to a new level. It will take our understanding of our existence to a new level. It will provide a deep and unified understanding of our existence.

This Grand Unification Theory and practice will unite physics with other fields of study such as psychology.

This Grand Unification Theory and practice will unite science and spirituality.

This Grand Unification Theory and practice is the core of the Soul Mind Body Science System. Together, they reveal and explain the root cause of all sickness and all challenges in our lives. This could provide breakthrough healing techniques for every aspect of life. The Soul Mind Body Science System could revolutionize current medicine and all healing modalities. It could take healing to a new level.

The Soul Mind Body Science System is the true Grand Unification Theory and practice. It could bring humanity and all beings fully into the Soul Light Era. This new universal era for humanity and all universes began on August 8, 2003, when the Divine held a conference in Heaven to announce that the previous universal era was ending and a new universal era was starting. Each universal era lasts fifteen thousand years. The previous universal era was an era of mind over matter. The Soul Light Era will be an era of soul over matter.

How will the Grand Unification Theory and practice of the Soul Mind Body Science System bring us fully into the Soul Light Era?

This Grand Unification Theory and practice could increase humanity’s soul, heart, mind, and body intelligence.

This Grand Unification Theory and practice could bring love, peace, and harmony to humanity, Mother Earth, and countless planets, stars, galaxies, and universes.

This Grand Unification Theory and practice could unite every aspect of life in Mother Earth, Heaven, and countless planets, stars, galaxies, and universes.

The Grand Unification Theory and practice of the Soul Mind Body Science System comes from Heaven and The Source. We give total credit to the Divine, to countless saints, and to all kinds of spiritual fathers and
mothers in Heaven and on Mother Earth. We also give credit to humanity and all souls, including countless planets, stars, galaxies, and universes. Finally, we give the highest absolute credit to Tao, which is The Source.

We are honored to be servants for humanity and for all souls in countless planets, stars, galaxies, and universes. We are honored to be servants for the Divine and Tao.

*I love my heart and soul
I love all humanity
Join hearts and souls together
Love, peace and harmony
Love, peace and harmony*

The Historic Source Language Grand Unification Diagram Is Born

During my [Master Sha’s] flow of this introduction, Source creation occurred. I am delighted to share.

At approximately 4:45 p.m. EDT on April 4, 2014, I started to flow the introduction to this book. During my flow, I offered a Wu Ji Da Tao Source blessing to Cynthia, my assistant, who was typing my flow. The blessing lasted for only a few seconds. Then, Cynthia told me that she saw through her Third Eye some Source Language about grand unification.

I instantly connected with The Source to ask whether there was in fact Source Language for grand unification. The immediate answer was “yes.” I then asked The Source for a spiritual download of Source Language. I received it. With the download came a flash of light with all kinds of colors to my lower abdomen, and with countless stars, saints, saints’ animals, and Heaven’s temples. Then I held a pen and followed The Source Guidance. The Source borrowed my hands to draw automatically without my thinking. After a few minutes, a diagram was created.

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7 Source has layers. Wu Ji Da Tao Source is a high layer of Source.
I received a message that this diagram is to be called *The Source Language Grand Unification Diagram*. It carries The Source Jing Qi Shen Field of Grand Unification. This is the diagram:

Next, I asked Cynthia if she needed any healing or blessing. She said, “My lower back has been out since this morning. It has been very painful while I have been sitting here to type.”

I said, “Dear soul mind body of The Source Language Grand Unification Diagram, please heal Cynthia’s lower back.” I then wrote on a small piece of paper, *Heal Cynthia’s lower back*. I put this piece of paper on The Source Language Grand Unification Diagram and requested, “Please give Cynthia healing for two minutes.” See figure 2 on the next page.

After two minutes, Cynthia explained what had happened to her:

*Wow! I can’t believe it. When Master Sha wrote on the piece of paper “Heal Cynthia’s lower back,” and then put it on the diagram, I instantly felt heat and release take place within my*
entire lower back and hip area. When I awoke this morning, my entire hip and lower back area were in such extreme pain that I could hardly move. I kept hearing a crack every time I would try to move in a certain way. It was very difficult to walk.

With the written message of healing placed on The Source Language Grand Unification Diagram, I experienced immediate relief from the intense pain I had endured all morning and afternoon. This is an absolute miracle. It shocked me. There truly are no words. I am so honored to type this book for Dr. and Master Sha and Dr. Rulin Xiu. The power of The Source Language Grand Unification Diagram truly cannot be expressed enough in words.

I was so fascinated that I asked to hold the diagram and put it on my forehead. I then asked my Third Eye to observe the diagram.

Figure 2. “Heal Cynthia’s lower back”
I observed in an instant that my soul was traveling through the universes in a beautiful ball of light. I felt completely at one with everything: planets, stars, galaxies, and universes. As I traveled, I noticed that I was in the company of many saints and Heaven's temples. The saints were aware of this most powerful existence of The Source Language Grand Unification Diagram and examined it closely. I saw symbols and codes coming out from nothingness and uniting to create an even more harmonious reality within my own jing qi shen, from head to toe and skin to bone. I experienced such beautiful peace and oneness with everything—with all existence and all that was about to be created. It was truly a very special and unique experience that I had never had before. I look forward to the time when I can sit and meditate within this most extraordinary and powerful Source Field. Humanity and countless planets, stars, galaxies, and universes are all extremely blessed to have this priceless treasure.

Then, I shared the diagram with my co-author, Dr. Rulin Xiu. She was in Hawaii on the Big Island. I asked her to meditate with an electronic copy of the diagram that Cynthia had emailed to her. She shared the following with me:

When I meditated on The Source Language Grand Unification Diagram, my spiritual eye saw light from the diagram shoot directly onto my heart. It activated my heart. I saw my heart open, get brighter and brighter, and expand further and further. The light from my heart started to radiate throughout my body, to my surroundings, to the whole universe, and to all universes. The light from my heart further activated and opened every cell in my body. All the cells within my body started to shine the most brilliant light I have ever seen. Their light also started to expand and radiate to the whole universe. My whole body is millions of times more alive than before. All my cells, all my DNA, and all my RNA are activated to sustain higher level awareness, consciousness, and abilities.
I saw not only my heart, but every cell of my body connected with every part of the universe. Every part of my being can and does affect every part of the whole universe. Every part of my being can receive information, energy, and matter from the whole universe. My heart and my whole body were full of immense love, harmony, and bliss. I felt so empowered. The whole universe is in my heart. The whole universe is within me. All is accessible to me.

I heard a universal symphony played by all the stars and galaxies, as well as by many beings such as a pebble on the beach, a blade of grass in the sun, and a small rabbit hidden in a little cave. I am connected and in union with all of them. It is such bliss.

I saw countless layers of Heaven opening up, healing and blessing me in countless ways and in countless areas. They helped remove blockages and toxins inside my body, mind, and soul. My body became very hot. I started to sweat. Many toxins and much darkness left my body.

The Source Language Grand Unification Diagram revealed to me that it comes to Mother Earth at this moment to help each and every individual, all humanity, Mother Earth, and all beings in all universes to heal from past wounds. It comes to help open our channels so that each of us will once again be able to see, feel, and be in union with all beings. It comes to help unify Heaven, Mother Earth, humanity, and all souls. It comes to help unify our own souls, hearts, minds, and bodies so that we can be in harmony within ourselves. It comes to help remove the blockages and limitations within us, so that our human potential and life purpose will be uplifted.

The Source Language Grand Unification Diagram showed me that longevity, immortality, and many other miraculous abilities are now within human reach. The Source is opening these for humanity. It is up to us whether we are open to receive. This Source Language Grand Unification Diagram comes to bless each human being and all beings to gain longevity, immortality, and other miraculous abilities. It comes to bless each of
us to become Buddha, Guan Yin, Jesus, Mother Mary, Lao Zi, Mahatma Gandhi, or many other enlightened beings.

Grand unification is a new way to live for humanity. It will uplift humanity, Mother Earth, and countless planets, stars, galaxies, and universes to a new level. I feel immense gratitude and excitement that a treasure like this has been brought to Mother Earth by Master Sha. I realize that the profound secrets, wisdom, knowledge, and practical techniques released in this book are to bring this new era and new way of life to each one of us, to Mother Earth, and to all beings in all universes.

Cynthia’s and Dr. Rulin Xiu’s Third Eye images and deep insights have inspired us deeply. The Source Language Grand Unification Diagram could serve healing, rejuvenation, longevity, and immortality, and unite every aspect of life, beyond words, comprehension, and imagination.

We are extremely grateful that The Source has given The Source Language Grand Unification Diagram. This diagram carries Tao’s shen (soul, heart, and mind), qi (energy), and jing (matter). Tao’s shen qi jing can transform the shen qi jing of our health, relationships, finances, intelligence, rejuvenation, and longevity beyond comprehension and imagination.

Now, I am extremely honored to lead you in ten minutes of practice to experience the power of The Source Language Grand Unification Diagram.

Apply the Four Power Techniques:

**Body Power.** Place both hands on The Source Language Grand Unification Diagram (figure 1 on page xli).

**Soul Power.** Say hello:

Dear soul mind body of The Source Language Grand Unification Diagram,
I love you, honor you, and appreciate you.
Please heal ________ (make requests for your spiritual, mental, emotional, and physical bodies).
Please rejuvenate my soul, heart, mind, and body.
Please prevent sickness.
Please heal my relationship(s) (make your requests).
Please transform my finances (make your requests).
Please increase my intelligence.
I am extremely grateful.
Thank you.

Mind Power. Visualize golden light shining from The Source Language Grand Unification Diagram to the areas of your requests.

Sound Power. Chant:

The Source Language Grand Unification Diagram, transform all of my life. Thank you.
The Source Language Grand Unification Diagram, transform all of my life. Thank you.
The Source Language Grand Unification Diagram, transform all of my life. Thank you.
The Source Language Grand Unification Diagram, transform all of my life. Thank you ...

Please chant for ten minutes. In fact, there is no time limit. The longer you chant, the more benefits you could receive. This is only a one-time practice. Remember, The Source Language Grand Unification Diagram can bless all of your life beyond comprehension. Practice it more and more to receive maximum benefits.

The Source Language was given to me about five months ago. I will be writing a separate book to introduce The Source Language. The Source Language is guided by The Source. The Source borrows my hands to flow automatically, without thinking, to create Source Language.

Thank you, The Source.

Love you, The Source.